



SAFE FAMILY JUSTICE CENTERS

RIVERSIDE COUNTY

ENSURING SAFETY • PROTECTING FAMILIES • SEEKING JUSTICE

HOW DO I ENROLL IN YOUR PROGRAM?

1. Must reach out via phone or email listed down below
2. Required to attend an intake appointment
3. After the intake is complete you will be notified within 72 hours if you have been accepted into our groups

(4) Session Class, 2 Hours Each

Teen Anger Management is offered on a rolling basis.

TEEN ANGER MANAGEMENT VIRTUAL CLASS

Students will learn: Strategies for effective anger management. They will also understand the thoughts, feelings, and emotions that impact and influence aggressive behavior.

Teens will learn techniques to successfully manage anger and conflict resolution. Teens will have homework and group discussions to facilitated learning. Students **are required** to participate in all discussions/assignments to get the full benefit of the Teen Anger Management curriculum. Additional topics involve identifying anger triggers, effective assertive communication, and future planning.

FOR MORE INFORMATION

Register for classes
info@safefamiliesca.org

Riverside Center

3900 Orange Street
Riverside, CA 92501
(951) 955-6100

Southwest Center

30045 Technology Dr.
Suite 101
Murrieta, CA 92563
(951) 304-5680

Indio Center

82995 Highway 111,
Suite 103
Indio, CA 92201
(760) 863-8363

Temecula Center

28910 Pujol St.
Temecula, CA
951-587-3900