

Tips to help your child succeed

- Praise, encourage and affirm your child often
- Decide with your child on regular time and place to study
- Monitor your child's progress both at home and in school
- Maintain frequent contact with your child's teacher
- Provide your child with a safe, healthy and supportive environment
- Build self confidence in your child
- Encourage self discipline by setting limits and holding your child accountable for their behavior
- Provide opportunities for your child to take responsibilities in the family
- Let your child know that you love them even when you disapprove of their behavior/choices
- Practice good communication with your child
- Repeat back what you have heard your child communicate to you
- Use listening skills
- Set family policies
- Decide on fair rules and logical consequences for breaking them
- Demonstrate the behavior that you want your children to have
- Limit the amount of time your child spends watching T.V.
- Control and monitor your child's internet use

