



COVID-19 QUARANTINE GUIDELINES FOR STUDENTS

Vaccinated/Unvaccinated individuals who test positive for Covid-19 will be required to quarantine regardless of vaccine status.

These guidelines are taken directly from the California Department of Public Health (CDPH). Safety measures regarding quarantine procedures can be found in sections #8 & #9 on the CDPH website at bit.ly/CDPHGuidelinesK12



VACCINATED INDIVIDUALS: PROOF OF VACCINATION IS REQUIRED

WILL NOT be required to quarantine if they remain asymptomatic (**No symptoms**) within the 14 days from last known Covid-19 exposure.

People who have tested positive for COVID-19 within the past three months and recovered **WILL NOT** have to quarantine or get tested again as long as they do not develop new symptoms.

*People who develop symptoms again within three months of their first bout of COVID-19 should follow their doctor's advice on testing.



UNVACCINATED INDIVIDUALS:

For these contacts, those who remain **asymptomatic**, meaning they have **NOT had any symptoms**, may discontinue self-quarantine under the following conditions:

Return on Day 8: Provide proof of a negative Covid PCR (nasal swab) antigen test that was collected on or after Day 6 (from the date of last exposure).

Return on Day 11 is permitted without testing.

* Additional Requirements: In addition, for all options that allow a return to in-person instruction before Day 14, the student must continue daily self-monitoring for symptoms through Day 14 from last known exposure.

When both parties were wearing a mask in any school setting in which students are supervised by school staff (including indoor or outdoor school settings and school buses, including on buses operated by public and private school systems), unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet) may undergo a modified quarantine as follows. They may continue to attend school for in-person instruction if they:

- i. Are asymptomatic;
- ii. Continue to appropriately mask, as required;
- iii. Undergo at least twice weekly testing during quarantine; and
- iv. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

PLEASE REPORT ALL SYMPTOMS AND EXPOSURE TO TVUSD VIA THE LET'S TALK PLATFORM.

<https://www.tvusd.k12.ca.us/Page/28287>

FOR ALL STUDENTS (regardless of vaccination status) - If any symptoms develop within 14 days of exposure, the exposed student must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care. The student/family MUST report this information to the TVUSD website. All information shared in this document is subject to change per state and county guidelines.

COVID-19 QUARANTINE FREQUENTLY ASKED QUESTIONS



For additional FAQ's, please visit the California Department of Public Health (CDPH) website at <https://bit.ly/CDPHfaqK12>

WHO QUALIFIES FOR MODIFIED QUARANTINE?

Asymptomatic unvaccinated students exposed to COVID-19 in the school setting may qualify for a modified quarantine, provided they meet criteria listed in the [K-12 Guidance](#).

Any Unvaccinated student who is exposed to a Covid-19 positive family member whom they reside with, does not meet the criteria for a modified quarantine.

Note: Fully vaccinated students exposed to COVID-19 may refrain from quarantine following a known exposure if asymptomatic, per [CDPH Fully vaccinated People Recommendations](#).

WHAT ARE STUDENTS PERMITTED TO DO DURING MODIFIED QUARANTINE?

When students are attending school during modified quarantine, they continue to be required to wear masks indoors and are strongly encouraged to wear masks outdoors. They may participate in all required instructional components of the school day, except activities where a mask cannot be worn, such as while playing certain musical instruments. They should refrain from all extracurricular activities, including sports for the duration of the modified quarantine.

WHAT TYPE OF TEST MAY BE USED TO ASSESS A PERSON'S STATUS DURING QUARANTINE OR TO EXIT QUARANTINE?

If a person is asymptomatic during quarantine, any FDA-approved diagnostic test is acceptable for evaluation of an individual's COVID-19 status, as noted in the [CDPH testing guidance](#). This includes antigen diagnostic tests and PCR diagnostic tests. PCR tests are preferred, but not required. For more information about test types, see the [CDPH school testing resources](#).

For persons in quarantine who experience [symptoms](#), a negative result from an antigen test or POC molecular test results should be confirmed with a laboratory-based PCR test.

Links Provided:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID-19-Public-Health-Recommendations-for-Fully-Vaccinated-People.aspx>

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Updated-COVID-19-Testing-Guidance.aspx>

<https://testing.covid19.ca.gov/school-testing/>

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>