



## PVES MORNING RUNNING CLUB

### STARTS: WEDNESDAY, SEPTEMBER 12<sup>TH</sup>

**When:** Monday, Wednesday, & Friday from 8:20 - 8:40 am

**Where:** PVES Field

**Why:** To promote exercise for all students TK & Kinder thru 5<sup>th</sup> Grade

**Who:** Mr. Sloan and Parent Volunteers

- ❖ Students of all grade levels are expected to be on time, wear appropriate shoes and clothing, and stay committed to the program on a consistent basis.
- ❖ DO NOT drop your child off before 8:15. Mr. Sloan or a parent volunteer will be by the gate closest to the field between 8:15 - 8:20.
- ❖ NO RUNNING CLUB on Tuesday and Thursday mornings!
- ❖ NO RUNNING CLUB on rainy days or wet mornings!
- ❖ In order to keep students healthy and hydrated, students should have a snack and water after their run.
- ❖ We may be selling PVES Running Club T-Shirts!! Flyers will be sent home on another date. All monies will go towards helping PVES Running Club through PTA.

**PARENT PERMISSION:** Please sign below stating that you understand the drop off procedures and appropriate shoes and clothing to wear.

STUDENT'S NAME(S): \_\_\_\_\_

PARENT'S NAME(S): \_\_\_\_\_

STUDENT'S TEACHER: \_\_\_\_\_

Any Allergies or medical conditions: \_\_\_\_\_

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**PARENT VOLUNTEERS** needed from 8:15 - 8:45 - Monday, Wednesday, Friday

Please circle which days' work best for you!!

**MONDAY**

**WEDNESDAY**

**FRIDAY**

Parent's Name (Print): \_\_\_\_\_

Parent Signature: \_\_\_\_\_